NMD United Annual Report 2022

# President’s Note

Dear Supporters, Friends, and Community Members,

I'm delighted to share the highlights of 2022 with you, showcasing the significant impact we made together.

In 2022, NMD United provided critical support through the Alex Landis Empowerment Fund (ALEF), delivering 91 micro-grants totalling $18,700 to adults living with neuromuscular disabilities (NMD). We love that this program continues to fund meaningful independence for so many community members living with NMD.

Our #GivingTuesday 2022 campaign directed all donations to ALEF, enabling us to increase grant amounts to $250 in every category.

To celebrate National Assistive Technology Awareness Day, we introduced a safety-focused travel collection, guided by community recommendations. This collection highlighted the challenges - but more importantly, possible solutions - to travelling with a disability.

Our second virtual "Makers & Movers Auction" not only raised funds for ALEF but also supported allies in our advocacy efforts with over 30 contributions. We had so much fun getting to showcase our community members, allies, and their respective creations, just in time for the holiday season.

We continued our free weekly community conversations, fostering support, connections, and mentorship for our members. These safe spaces continue to be invaluable to our community members - familiar faces and new.

Your unwavering support was the driving force behind these achievements.

Looking forward to an even more impactful 2023 as we continue our journey of empowerment and advocacy.

In Solidarity,

Emily Wolinsky

President, NMD United

# Financial Report

## Consolidated Statement of Financial Position: December 31, 2022

### Assets:

Cash

$55,739.61

PayPal Funds

943.66

Accounts Receivable

(8.17)

Prepaid Assets

193.29

Total Assets

$56,868.39

### Liabilities and Net Assets:

**Liabilities:**

Total Liabilities

$0

**Net Assets:**

Net Assets without Donor Restrictions

Undesignated

$51,761.46

Net Assets with Donor Restrictions

ALEF Purpose Restricted

5,106.93

Total Net Assets

$56,868.39

**Total Liabilities and Net Assets**

$56,868.39

## Consolidated Statement of Activities: January 1, 2022 to December 31, 2022

### Revenues

**Contributions**

Without donor restrictions

$18,494.21

With donor restrictions

$7,743.76

Total

$26,237.97

**Net assets released from restrictions**

Without donor restrictions

15,094.62

With donor restrictions

(15,094.62)

Total

-

**Total revenues**

Without donor restrictions

$33,588.83

With donor restrictions

($7,350.86)

Total

$26,237.97

### Expenses

**Program Services**

Accessible Vehicle Maintenance

2,000.00

Durable Medical Equipment

4,620.48

Consumable Medical Supplies

5,452.22

Personal Care Assistant Advertising

311.00

Assistive Technology

2,710.92

Education

535.48

Community Engagement

133.96

Total program services

$15,764.06

**Supporting Services**

Fundraising

1,066.48

Management and general

6,532.80

Loss to Theft

774.11

Total supporting services

$8,373.39

Total expenses

$24,137.45

### Change in net assets

Without donor restrictions

$9,451.38

With donor restrictions

$7,350.86

Total

$2,100.52

### Net assets at beginning of the year

Without donor restrictions

42,310.08

With donor restrictions

12,457.79

Total

54,767.87

### Net assets at end of year

Without donor restrictions

$51,761.46

With donor restrictions

$5,106.93

Total

$54,868.39

NOTE:

This only includes applicants who received payments during the 2022 calendar year

# ALEF Grant Program

We had another successful year of serving our community with independent living grants to assist with out-of-pocket disability-related expenses through our Alex Landis Empowerment Fund (ALEF). Below is a comprehensive overview of grant activity throughout 2022.

$18.7k funds spent

91 grants given

Accessible Vehicle Maintenance and Repair (VMR):

$2,7442 spent

14 applicants served

Personal Attendant Care Advertisements (PCA):

$311 spent

5 applicants served

Assistive Technology (AT):

$2m945 spent

17 applicants served

Durable Medical Equipment (DME):

$4,923 spent

26 applicants served

Consumable Medical Supplies (CMS):

$7,781 spent

29 applicants served

## Giving Tuesday

All donations for Giving Tuesday 2022 went directly to ALEF to fund independent living grants for the calendar year 2023. Thanks to our amazing community for these donations!

With the support of these donations, and based on assessment of community needs, we have adjusted our 2023 grant amounts so that every category can grant up to $250! This allows applicants to get more monetary support across more areas of need.

# NMD U Getaway Collection

In the Spring of 2022, NMD United designed this travel collection in celebration of National Assistive Technology Awareness Day.

We know that travelling with a disability is difficult and requires extensive planning, adaption, and creativity. This collection was made in the hopes of making any traveler's next case of wanderlust easier and more accessible than ever before.

This collection, valued at over $800, included items that were hand-selected and virtually curated by adults living (and traveling) with neuromuscular disabilities. All entry fees were suggested donations to support NMD United's mission and work in 2022.

Included in this collection:

$300 hotel or airline gift card of your choice.

Large duffle bag on wheels to easily carry all the things (NMDers have a LOT of things).

Adapts transfer sling that’s easy to fold up and use anywhere.

Large full-body wet wipes for when showers are inaccessible.

Folding, light-weight, LED travel mirror for when hotel bathrooms are inaccessible.

Dry shampoo to keep your hair smelling and looking fresh on the go.

Small, portable, fridge to keep medications, beer, wine, etc. or all of the above cold.

Allen key wrench set for wheelchair quick wheelchair part adjustments.

Cripple Concepts USB adapter that plugs into a wheelchair joystick. Many of us use this handy tool to charge our phones.

Retractible lanyard for hand sanitizer, keys, etc.

Collapsable travel cups that are easy to store.

Power strip to plug in all the things.

Travel straws that can clip anywhere.

Bed risers for hotel room beds.

Not only did we love being able to support our community with travel, we also loved hearing about tips, hacks, and favorite products that our community on the go!

# Makers & Movers Auction

In September of 2022, we had our second virtual auction This week-long event was made to funds for ALEF while also celebrating and sharing the talent of adults with neuromuscular disabilities - and those who support us!

As a peer-led organization, we wanted this fundraiser to be by our community for our community. This auction featured works created, authored or designed by adults with NMD (the makers), as well as works from our allies (the movers) who promote, support, and amplify our advocacy efforts and missions.

We had over 30 designs, art, writings, and other creations donated, and together we raised over $1300 from this auction! We are grateful for the continued support of our community and all those who participated.

# Community Connection

## Virtual University

We are passionate about offering our community with free and accessible education on various areas of life with neuromuscular disabilities. We do this through Virtual University, a space for our community to connect in real time to share insights, perspectives, and resources. The most attended Survival Tool Discussions this year was on periods, menopause, birth control, and vaginal health.

## Social Events

In 2022, we continued regular meetings to engage with and strengthen connections in our community. We held birthday parties, holiday parties, poker nights, games, happy hours, and more! We offered prizes, nail-biting competitions, and even arranged gift-exchanges during the holidays. These events served as a fun, safe space for members to show up, chat, and find some lightness in yet another tough year.

## Social Media Report

2469 Facebook likes

549 Twitter followers

639 Instagram followers

# Board of Directors

Emily Wolinsky, President

T.K. Small, Vice-President and Treasurer

Kendra Scalia, Secretary

Dan Darkow, Member

Aubrie Lee, Member

Brooklyn Marx, Member

Liz Persaud, Member

Ali Ramos, Member

Maria Sotnikova, Member

Val Vera, Member

Michael Wasser, Member

# NMD United

NMD United, Inc. is a qualified 501(c)(3) tax-exempt organization.

3310 W. Braker Lane, Suite 300, #927

Austin, Texas 78758

www.nmdunited.org

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@nmdunited