

## Who We Are

NMD United grew from the idea that adults with neuromuscular disabilities (NMDs) needed a way to connect, share knowledge, support and empower one another.

Governed by a board of adults living with NMDs, NMD United connects people with diverse backgrounds and skill-sets who share similar disability experiences.

As a peer-led organization, NMD United offers financial, education, and social support for adults living with NMDs around the world.



Continued support and growth driven by people with NMD for people with NMD.



## Contact Us

[www.nmdunited.org](http://www.nmdunited.org)



@nmdunited

A qualified 501(c)(3) est. in 2014

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**Connecting adults  
living with  
neuromuscular  
disabilities.**

## Our Core Values

NMD United is a non-profit organization composed of adults living with neuromuscular disabilities (NMDs).

This peer-led organization fosters meaningful interactions and provides informational resources to increase self-direction while promoting independence.

## We are Virtual

NMD United serves more than 2,000 adults worldwide. By using a virtual platform and social media, NMD United offers support to those living in communities where resources, training, and advocacy are not easily accessible.

## Our Grants

NMD United offers Independent Living grants through our **Alex Landis Empowerment Fund (ALEF)** program.

Adults with neuromuscular disabilities often face financial difficulties. ALEF mitigates this burden by providing financial assistance for high NMD-related costs not often covered by insurance.

Grants are available for:

- Personal Care Attendant Advertising Fees
- Consumable Medical Supplies
- Accessible Vehicle Maintenance and Repair
- Assistive Technology
- Durable Medical Equipment

## Education

NMD United offers virtual opportunities to discuss and collaborate on important issues related to Independent Living.

This includes:

- Peer-facilitated presentations
- Social media campaigns
- Local NMD United chapters
- Facebook group forums

## Our staff

NMD United follows the motto "Nothing About Us Without Us." As one of the only disability organizations both fully run and led by the people it serves, NMD United operates primarily by volunteers so that donations reach more individuals.