



# Annual Report 2022

[nmdunited.org](https://nmdunited.org)

# President's Note



Dear Supporters, Friends, and Community Members,

I'm delighted to share the highlights of 2022 with you, showcasing the significant impact we made together.

In 2022, NMD United provided critical support through the Alex Landis Empowerment Fund (ALEF), delivering 91 micro-grants totalling \$18,700 to adults living with neuromuscular disabilities (NMD). We love that this program continues to fund meaningful independence for so many community members living with NMD.

Our #GivingTuesday 2022 campaign directed all donations to ALEF, enabling us to increase grant amounts to \$250 in every category.

To celebrate National Assistive Technology Awareness Day, we introduced a safety-focused travel collection, guided by community recommendations. This collection highlighted the challenges - but more importantly, possible solutions - to travelling with a disability.

Our second virtual "Makers & Movers Auction" not only raised funds for ALEF but also supported allies in our advocacy efforts with over 30 contributions. We had so much fun getting to showcase our community members, allies, and their respective creations, just in time for the holiday season.

We continued our free weekly community conversations, fostering support, connections, and mentorship for our members. These safe spaces continue to be invaluable to our community members - familiar faces and new.

Your unwavering support was the driving force behind these achievements.

Looking forward to an even more impactful 2023 as we continue our journey of empowerment and advocacy.

In Solidarity,

Emily Wolinsky  
President, NMD United

# Financial Report

## NMD UNITED, INC.

### Consolidated Statement of Financial Position

December 31, 2022

#### Assets

Cash	\$55,739.61
PayPal Funds	943.66
Accounts Receivable	(8.17)
Prepaid Assets	193.29
Total Assets	<u><u>\$56,868.39</u></u>

#### Liabilities and Net Assets

##### Liabilities

Total Liabilities	<u>\$0.00</u>
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##### Net Assets

Net Assets without Donor Restrictions	
Undesignated	\$51,761.46
Net Assets with Donor Restrictions	
ALEF Purpose Restricted	5,106.93
Total Net Assets	<u><u>\$56,868.39</u></u>

Total Liabilities and Net Assets	<u><u>\$56,868.39</u></u>
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# Financial Report

## NMD UNITED, INC.

### Consolidated Statement of Activities

January 1, 2022 to December 31, 2022

	Without Donor Restrictions	With Donor Restrictions	Total
<b>Revenues:</b>			
Contributions	\$18,494.21	\$7,743.76	\$26,237.97
Net assets released from restrictions	15,094.62	(15,094.62)	-
<b>Total Revenues:</b>	<b>\$33,588.83</b>	<b>(\$7,350.86)</b>	<b>\$26,237.97</b>
<b>Expenses:</b>			
<b>Program Services:</b>			
Accessible Vehicle Maintenance	2,000.00		
Durable Medical Equipment	4,620.48		
Consumable Medical Supplies	5,452.22		
Personal Care Assistant Advertising	311.00		
Assistive Technology	2,710.92		
Education	535.48		
Community Engagement	133.96		
<b>Total program services</b>	<b>\$15,764.06</b>		
<b>Supporting Services:</b>			
Fundraising	1,066.48		
Management and general	6,532.80		
Loss to Theft	774.11		
<b>Total supporting services</b>	<b>\$8,373.39</b>		
<b>Total expenses</b>	<b>\$24,137.45</b>		
<b>Change in net assets</b>	<b>\$9,451.38</b>	<b>(\$7,350.86)</b>	<b>\$2,100.52</b>
<b>Net assets at beginning of the year</b>	<b>42,310.08</b>	<b>12,457.79</b>	<b>54,767.87</b>
<b>Net assets at end of year</b>	<b>\$51,761.46</b>	<b>\$5,106.93</b>	<b>\$56,868.39</b>

Note: This only includes applicants who received payments during the 2022 calendar year

# ALEF Grant Program

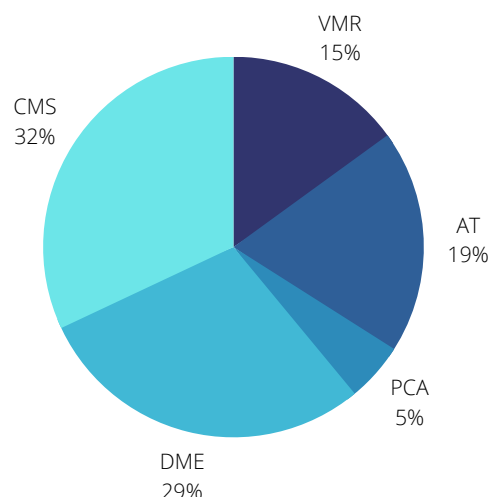
We had another successful year of serving our community with independent living grants to assist with out-of-pocket disability-related expenses through our **Alex Landis Empowerment Fund (ALEF)**. Below is a comprehensive overview of grant activity throughout 2022.

**18.7K**

**FUNDS SPENT**

**91**

**GRANTS GIVEN**



## Accessible Vehicle Maintenance and Repair (VMR):

- \$2,742 spent
- 14 applicants served

## Personal Attendant Care Advertisements (PCA):

- \$311 spent
- 5 applicants served

## Assistive Technology (AT):

- \$2,945 spent
- 17 applicants served

## Durable Medical Equipment (DME):

- \$4,923 spent
- 26 applicants served

## Consumable Medical Supplies (CMS):

- \$7,781 spent
- 29 applicants served

## #GivingTuesday

All donations for Giving Tuesday 2022 went directly to ALEF to fund independent living grants for the calendar year 2023. Thanks to our amazing community for these donations!

With the support of these donations, and based on assessment of community needs, we have adjusted our 2023 grant amounts so that every category can grant up to \$250! This allows applicants to get more monetary support across more areas of need.

# NMD U Getaway Collection

In the Spring of 2022, NMD United designed this travel collection in celebration of National Assistive Technology Awareness Day.

We know that travelling with a disability is difficult and requires extensive planning, adaption, and creativity. This collection was made in the hopes of making any traveler's next case of wanderlust easier and more accessible than ever before.

This collection, valued at over \$800, included items that were hand-selected and virtually curated by adults living (and traveling) with neuromuscular disabilities. All entry fees were suggested donations to support NMD United's mission and work in 2022.

## Included in this collection:

- \$300 hotel or airline gift card of your choice.
- Large duffle bag on wheels to easily carry all the things (NMDers have a LOT of things).
- Adapts transfer sling that's easy to fold up and use anywhere.
- Large full-body wet wipes for when showers are inaccessible.
- Folding, light-weight, LED travel mirror for when hotel bathrooms are inaccessible.
- Dry shampoo to keep your hair smelling and looking fresh on the go.
- Small, portable, fridge to keep medications, beer, wine, etc. or all of the above cold.
- Allen key wrench set for wheelchair quick wheelchair part adjustments.
- Cripple Concepts USB adapter that plugs into a wheelchair joystick. Many of us use this handy tool to charge our phones.
- Retractable lanyard for hand sanitizer, keys, etc.
- Collapsible travel cups that are easy to store.
- Power strip to plug in all the things.
- Travel straws that can clip anywhere.
- Bed risers for hotel room beds.

Not only did we love being able to support our community with travel, we also loved hearing about tips, hacks, and favorite products that our community on the go!





# Makers & Movers Auction

In September of 2022, we had our second virtual auction. This week-long event was made to fund for ALEF while also celebrating and sharing the talent of adults with neuromuscular disabilities - and those who support us!

As a peer-led organization, we wanted this fundraiser to be *by* our community *for* our community. This auction featured works created, authored or designed by adults with NMD (the makers), as well as works from our allies (the movers) who promote, support, and amplify our advocacy efforts and missions.

We had over 30 designs, art, writings, and other creations donated, and together we raised over \$1300 from this auction! We are grateful for the continued support of our community and all those who participated.

Below are just a few of the incredible items that were donated to our auction.



# Community Connection

## Virtual University

We are passionate about offering our community with free and accessible education on various areas of life with neuromuscular disabilities. We do this through Virtual University, a space for our community to connect in real time to share insights, perspectives, and resources. The most attended *Survival Tool Discussions* this year was on periods, menopause, birth control, and vaginal health.

## Social Events

In 2022, we continued regular meetings to engage with and strengthen connections in our community. We held birthday parties, holiday parties, poker nights, games, happy hours, and more! We offered prizes, nail-biting competitions, and even arranged gift-exchanges during the holidays. These events served as a fun, safe space for members to show up, chat, and find some lightness in yet another tough year.

## Social Media Report



**2469**

FACEBOOK  
LIKES

**549**

TWITTER  
FOLLOWERS

**639**

INSTAGRAM  
FOLLOWERS



# BOARD OF DIRECTORS

**Emily Wolinsky**

President

**T.K. Small**

Vice-President & Treasurer

**Kendra Scalia**

Secretary

**Dan Darkow**

Member

**Aubrie Lee**

Member

**Brooklyn Marx**

Member

**Liz Persaud**

Member

**Ali Ramos**

Member

**Maria Sotnikova**

Member

**Val Vera**

Member

**Michael Wasser**

Member

NMD United, Inc. is a qualified 501(c)(3) tax-exempt organization.

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[www.nmdunited.org](http://www.nmdunited.org)



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